# WORKPLACE FIRST-AID RESCUER FORMATION SST EN ANGLAIS

# TRAINING OBJECTIVE

The Workplace First-Aid Rescuer course is designed to give employees the skills to provide first aid in an emergency (protect, alert the emergency services, perform simple gestures) and to be an actor in prevention within their company.

# CONTENT

- The workplace first-aid rescuer (SST)
- The legal framework
- The stakes of prevention
- Health damages
- How does the work accident occur?
- The prevention approach
- The different actors involved in prevention
- Protection
- Alert and protection of populations
- Examine the victim
- Alert or have emergency services alerted
- The victim is bleeding profusely
- The victim is suffocating
- The victim complains of discomfort
- The victim complains of burns
- The victim complains of pain preventing certain movements
- The victim complains of a wound which is not bleeding profusely
- The victim doesn't respond, but he's breathing
- The victim does not respond and does not breathe

### **TEACHING METHODS**

- Case studies
- Practical demonstrations
- Gesture learning
- Cases and role-playing

### **OUTCOME EVALUATION**

A Workplace First-Aid Rescuer (SST) certificate, valid for 24 months, will be issued to the candidate who has participated in the entire training and has been favorably evaluated.

The training does not allow the validation of one or more blocks of skills, equivalences or bridges.

### CONTACT

04.86.95.10.94 - 06.08.37.36.64

contact@alpha-secourisme.com

www.alpha-secourisme.com

# FIRST AID

### **Target audience**

All employees of public or private companies

### Prerequisites

Good English language skills

### Duration

14 hours

### Number of participants

4 to 10 participants

### Supervision

SST trainer

### Accessibility

Accessible to people with disabilities

### Price

Consult us



# SSTGB